



# CommunityMinds NEWSLETTER



CEO Zizi Charida at our Bankstown Office

**"The staff at Community Minds would like to acknowledge and pay our respects to the Eora people, the Traditional Custodians of the land on which our work takes place."**



## AN UPDATE FROM OUR CEO

With 2020 coming to a close, we acknowledge that this was a year that brought with it uncertainty and challenges and we commend everyone who has survived the certain ups and downs. Our wonderful team decided that whilst we couldn't operate in a normal capacity, it was a good time to work on parts of the organisation that needed our attention. We chose to utilise the current climate as an opportunity to implement creative change and developments particularly in our online presence and digital footprint.

Earlier this week, we celebrated the launch of our shiny new website [communityminds.org.au](https://communityminds.org.au) which has become our organisations hub. Any upcoming events, resources and latest news will be available here. We also have our sights set on incorporating an interactive learning platform for the Community Minded Kids program in 2021. **Watch this space!**

I would like to congratulate **Bud Moses**, the recipient of a Special Recognition Award for 2020. Bud is our longest serving board member and supporter of Community Minds, completing 5 years since the organisations humble beginnings. You can learn more about Bud in our staff highlight section below.



## BEFORE WE SIGN OFF

Before signing off, we would like to wish you joy, love and safety as we near the end of 2020. Whether you celebrate Christmas or not, it is a time for reflection and to reconnect with what matters, and making time with those we love, matters.

Our festive messages are about spreading love, but also spreading positive messages that hopefully inspire others to do a kind act, regardless of how small, that may make a big difference to someone's life. Community Minds would like to wish you a Merry Christmas, holiday season and New Year.

Thank you for journeying with us, we appreciate your support.

Bring on 2021!

In Solidarity,  
Zizi Charida



Community Minds Staff & Board Members End of Year Celebration

## FAMILY FEASTINGS

To celebrate NAIDOC Week, 15 families from the City of Canterbury Bankstown received a bush tucker family feasting pack. Family feasting is a great way to bring people together to learn about other cultures, their food, traditions and to enjoy a different culinary experience!

Thanks to **City of Canterbury Bankstown Council** for funding this bush tucker feasting. We have received some wonderful feedback from our local families.

**"I would like to compliment the great different flavours of this pack. I enjoyed cooking with different herbs and oils. The recipes were easy to follow and didn't take much time at all. A great way to celebrate different cultures."**

**- Francine**



**“Cooking is all about people. Food is maybe the only universal thing that really has the power to bring everyone together. No matter what culture, everywhere around the world, people eat together.”**

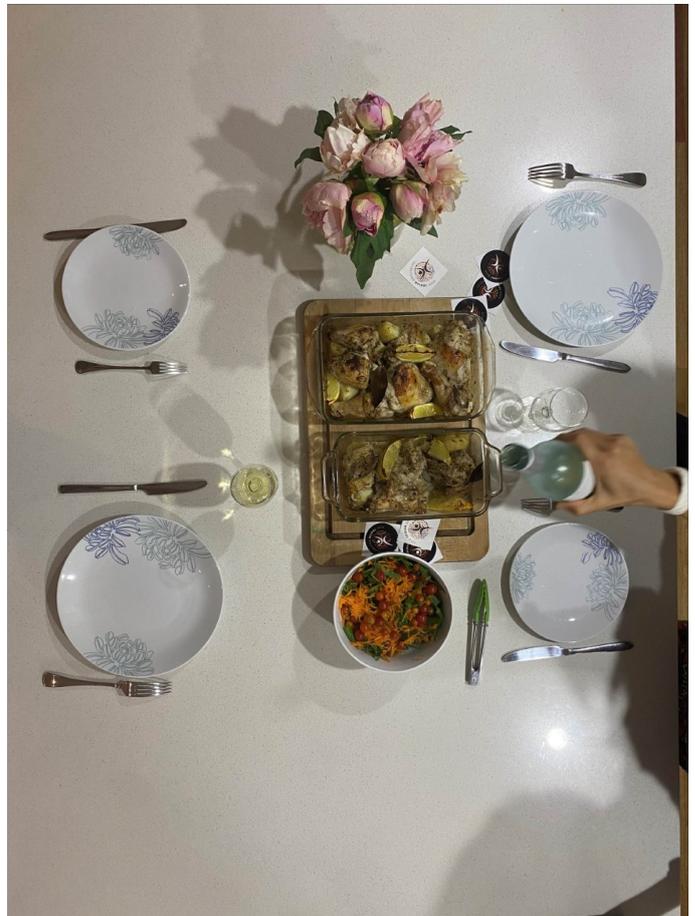
- Guy Fieri

Family Feastings Pack Contents



## **EMILY & OLLIE COOKING UP A FEAST**

Thanks for sharing your experience with us, it looks delicious!



## COMMUNITY MINDED KIDS (CMK) UPDATE



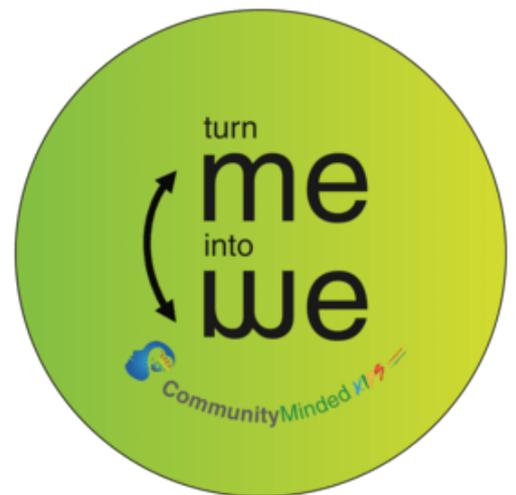
Chester Hill Public School

We would like to give special mention to **Villawood East and Bankstown Primary Schools** who recently completed the CMK program. We look forward to working with you again in the future.

If you would like your school to participate in the Community Minded Kids program in 2021, email us [info@communityminds.org.au](mailto:info@communityminds.org.au).

Congratulations to Chester Hill Public School for winning the Community Minded Schools Competition. Thanks to Lina Mourad, Community Partnership Officer at Chester Hill PS for submitting such a great entry.

We appreciate the team from XARY LAWYERS for sponsoring this book prize pack valued at \$150. Your generous donation allows schools to gain access to some wonderful children's books covering important community themes and messages inspiring children to be more community minded.



### HOLIDAY READING LIST RECOMMENDATIONS



- The Wrong Stone by Russell Deal (Innovative Resources)
- The Man Who Loved Boxes by Stephen Michael King
- Henry and Amy: Right-Way-Round and Upside Down
- The Spirit of Hope by Bob Graham
- Room On The Broom Book by Julia Donaldson
- Each Kindness by Jacqueline Woodson
- Last Stop on Market Street by Matt de la Pena

**"Ultimately, Community Minded kids aims to cultivate a generation that thinks "WE" not "ME". This shift requires conversations, learning opportunities and adults ensuring that learning about community and how we can contribute to its health and prosperity, is an integral part of children's learning and development."**

## COMMUNITY MINDED BUSINESS HIGHLIGHT



An Interview with  
Fareal Dadouch  
Trad from

**XARY**

xary.com.au



Fareal (right) with our CEO Zizi & Ahmed (Left)

This month, we are featuring Xary as our Community Minded Business. We recently spoke to Fareal who has been a Principal Solicitor with the company for the past two years.

Fareal and her team practice law across a broad scale, serving individuals, businesses and families through all aspects of their personal and shared life ventures. "Xary help people with the 5 pillars of life, business and individual, offering services of accounting advisory, law, IT and digital. Empowering business and you as an individual."

When asked how Xary serves the community, Fareal touched on her pro bono work for uni students who have just completed studies and are looking to build their own business. Fareal describes this work as rewarding, she appreciates choosing her own ways of paying it forward, developing new relationships and feels positive when utilising her professional skills to genuinely help others.

Fareal believes, "**People succeeding is the community succeeding**". Her passions include people, understanding their stories and sharing meaningful conversations. She previously worked in TV and Radio hosting a show about community engagement, she enjoys law and teaching youth

about growth and development.

When I spoke with Fareal, she was living through the 2020 Melbourne city lockdown. I asked her to describe some daily rituals that were getting her by to which she responded, "**I go out out for a walk each day, buy a coffee from a local business and say hello to a stranger.**" Other than these vital interactions, her days consisted of online meetings which now included teaching clients to use platforms and software applications, things that were not normally required of her yet Fareal was enjoying the social advantages and getting to know her clients.

We think that these are some very community minded actions in everyday life!

## MEET A TEAM

### MEMBER:

BUD MOSES



Bud has been working in banking and financial services industry for over 30 years. He currently helps people finance their dreams through his finance and mortgage business Keypoint Financial Services.

He is a passionate community advocate and has been part of the Community Minds team since incorporation. Bud co-founded the Community Minded Businesses program with Zizi Charida and continues to support the organisation wherever required.

**"What I love about Community Minds is that it looks at a community from an asset-based, citizen-driven perspective. Community mindedness is all about everyone coming together to make a positive change for everyone."  
- Bud Moses**

## DID YOU KNOW?

Our Logo was very thoughtfully designed to reflect the following:



Educate and enrich



Build and connect

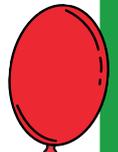


Inspire and nurture

*The power of people and communities, more specifically, their assets of the head, heart and hands which are so valuable in shaping the communities we want.*



CommunityMinds



Community Minds celebrated our 5th birthday this year. You can watch our celebration video on our facebook page.



## What's happening in 2021?

- Businesses Changing the World Workshop Masterclasses
- Businesses Changing the World Conference
- Power to the People Conference
- Community Minds is set to launch in Tasmania and Victoria with the Community Minded Kids Programs
- Family Feastings

Keep an eye on our website for more updates!