

# DISCOVER YOUR COMMUNITY

- Discover a new place or space (venue, building, park etc) in your local community
- Learn about the history of the suburb you live in, including the origins of the name
- Who are your neighbours? Get to know others in your community. The more people we connect with, the happier and safer our community will be
- Discover the skills and talents you have in your family and find out how they can be used to help others or improve your community
- Discover new cultures. Learn about the different cultures/languages spoken in your community, including Aboriginal languages. Learn a few words/greetings from a different language
- What plants, seeds, herbs, fruits and animals live and grow in your area (or used to in the past)?
- What are some of the community services, programs, volunteering opportunities and events in your community?
- Be an explorer in you community. What are some of the positive and interesting things you have discovered? Share these discoveries with others
- Record your discoveries. Based on things you have learnt have a quiz night and see who remembers what about their community. A fun way to recap what you have learnt in your community discoveries



**Pay it Forward and do Random Acts of Kindness! Everyone can do something and that something no matter how small or big, can create a more community minded and compassionate world!**  
**Together we are turning ME into WE!**



# DO IN YOUR COMMUNITY

- Help keep our streets and neighbourhoods clean. You can also organise or volunteer for a park/street/neighbourhood clean up day
- Volunteer. There are so many ways to support others and make the community a better place
- Give. There are so many ways to give to others. It isn't just about giving money or material things, it can also be giving your time, listening to others or sharing knowledge or teaching a skill
- Organise a street (or complex, block) party. Street parties are a fun way to get to know the neighbours – to socialise, meet new people and share ideas
- Start a fundraiser for a cause your family cares about. Get others in the community involved
- De-clutter your home and give away things (toys, clothes, books, blankets, appliances) that are in good condition. If you don't use it, someone else may find it useful!
- Check in on neighbours who may be feeling isolated. Welcome new residents, including new migrants and refugees. You may want to make them a dish or leave a nice positive message in their mailbox (these are just some examples)
- Attend cultural or faith-based festivities and events in your local community.
- Invite other community members to participate in your cultural activities
- Go green. If we take care of the environment, the environment will take care of us and our families for generations to come. Buy ethical products, local if possible. Compost food waste. Recycle. Upcycle (creative re-use) and turn your trash into treasure!

*Inspire Others!*

*These are just some ideas to inspire your family. We would love to hear some of your ideas so that we can share them with others.*